Kokomo School Corporation
Pre-K Breakfast Menu

November 2021

Explain-a-Meal
Choose 3-5

- P **Protein**
- G **Grain**
- F **Fruit**
- V **Vegetable**
- M **Milk**

(1) must be a F or V

Schools are in a unique position to provide students with opportunities to learn about and practice healthy eating behaviors.

This Institution is an equal opportunity provider.

For more information about KSC Food services, visit
www.kokomoschools.com

Menu is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	P	G	F	V
1 ***Cinnamon Chex Cereal*** *Diced Peaches* *FF/1% White Milk*	**2** ***Parent Teacher Conferences*** ***No School***	**3** ***Strawberry Shredded Wheat Cereal*** *Diced Pears* *FF/1% White Milk*	**4** ***Pancake (1)*** *Applesauce* *FF/1% White Milk*	**5** ***Variety Yogurt*** *Diced Peaches* *FF/1% White Milk*	✓	✓	✓	
8 ***Reg Cheerios Cereal*** *Diced Pears* FF *FF/1% White Milk*	**9** ***Mini Blueberry Loaf*** *Fruit Cocktail* *FF/1% White Milk*	**10** ***Marshmallow Mateys Cereal*** *Diced Peaches* *FF/1% White Milk*	**11** ***French Toast Stick (1)*** *Baked Apple Slices* *FF/1% White Milk*	**12** ***Sausage Patty*** *Applesauce* *FF/1% White Milk*	✓	✓	✓	
15 ***Cinnamon Toast Crunch LS Cereal*** *Baked Apple Slices* *FF/1% White Milk*	**16** ***Mini Banana Loaf*** *Diced Pears* *FF/1% White Milk*	**17** ***Reg Shred Wheat Cereal*** *Fruit Cocktail* *FF/1% White Milk*	**18** ***Pancake (1)*** *Applesauce* *FF/1% White Milk*	**19** ***Variety Yogurt*** *Applesauce* *FF/1% White Milk*	✓	✓	✓	
22 ***Reg Cheerios Cereal*** *Fruit Cocktail* *FF/1% White Milk*	**23** ***Breakfast Choice*** *Diced Peaches* *FF/1% White Milk*	**24** ***Thanksgiving*** ***No Students***	**25** ***Thanksgiving*** ***No Students***	**26** ***Thanksgiving*** ***No Students***	✓	✓	✓	
29 ***Rice Krispies Cereal*** *Diced Peaches* *FF/1% White Milk*	**30** ***Mini Banana Loaf*** *Fruit Cocktail* *FF/1% White Milk*							